

| Programmanr. 1 15-5-2022 | Dames, 50m met vinnen | | | 1 - 98 jaar Resultaten |
|-----------------------------------|-----------------------|-----------------|----------------------|---------------------------|
| Nederlandse records vinzwemmen DV | 33.79 | Karin Neehus | VZ UTRECHT Utrecht | 4-11-2018 |
| Nederlandse records vinzwemmen DM | 23.62 | Jamy Schumacher | VZ UTRECHT Eindhoven | 9-6-2018 |
| Nederlandse records vinzwemmen DA | 19.96 | Anouk Kuin | UZSC Eindhoven | 16-5-2009 |
| Nederlandse records vinzwemmen DB | 20.60 | Anouk Kuin | UZSC Neiva (COL) | 8-7-2008 |
| Nederlandse records vinzwemmen DC | 21.42 | Jade Arts | PONTOS Eindhoven | 22-6-2019 |
| Nederlandse records vinzwemmen DD | 22.70 | Anouk Kuin | UZSC Utrecht | 12-12-2004 |
| Nederlandse records vinzwemmen DE | 25.68 | Floor Boon | VZ UTRECHT Utrecht | 21-11-2021 |

Punten: Vinpunten

| Rang | Geb. | | Inschrijftijd | Tijd | Pnt |
|----------------------------|------|-----------------------|---------------|--------------|-----|
| Meisjes Categorie E | | | | | |
| 1. | 11 | Aquani-Nivelles | 31.10 | 32.60 | 488 |
| 2. | 11 | PONTOS | 34.60 | 33.78 | 439 |
| 3. | 11 | VZ Utrecht | 45.73 | 36.44 | 349 |
| 4. | 11 | VZ Utrecht | NT | 37.72 | 315 |
| 5. | 12 | VZ Utrecht | 38.76 | 38.94 | 286 |
| 6. | 13 | VZ Utrecht | 47.37 | 39.13 | 282 |
| 7. | 12 | PONTOS | NT | 41.72 | 233 |
| Meisjes Categorie D | | | | | |
| 1. | 10 | VZ Utrecht | 25.68 | 25.77 | 683 |
| 2. | 09 | PONTOS | 27.62 | 27.20 | 581 |
| 3. | 10 | PONTOS | 32.44 | 30.21 | 424 |
| 4. | 09 | Aquani-Nivelles | 30.50 | 30.72 | 403 |
| 5. | 09 | PONTOS | 34.79 | 33.58 | 308 |
| 6. | 10 | Aquani-Nivelles | 30.80 | 34.05 | 296 |
| 7. | 09 | VZ Utrecht | NT | 38.16 | 210 |
| 8. | 10 | PONTOS | 32.99 | 42.00 | 157 |
| Meisjes Categorie C | | | | | |
| 1. | 07 | MonoVinz | 24.68 | 24.97 | 631 |
| 2. | 08 | PONTOS | NT | 26.77 | 512 |
| 3. | 08 | OCEANUS | NT | 27.40 | 477 |
| 4. | 07 | Plongée Club de Douai | NT | 27.44 | 475 |
| 5. | 08 | Plongée Club de Douai | 28.48 | 27.90 | 452 |
| 6. | 07 | Aquani-Nivelles | 27.12 | 28.25 | 435 |
| 7. | 08 | Orka '97 | 31.91 | 29.71 | 374 |
| Meisjes Categorie B | | | | | |
| 1. | 06 | Plongée Club de Douai | 26.96 | 25.04 | 556 |
| 2. | 05 | VZ Utrecht | 24.93 | 25.23 | 544 |
| 3. | 05 | Plongée Club de Douai | NT | 27.34 | 427 |
| Dames Categorie A | | | | | |
| 1. | 04 | Nautilus | 20.69 | 21.69 | 779 |
| 2. | 95 | VZ Utrecht | 24.00 | 23.30 | 628 |
| 3. | 97 | Aquani-Nivelles | 24.45 | 24.36 | 550 |
| 4. | 04 | WAVES | 29.27 | 25.13 | 501 |
| 5. | 02 | OSV Delphis | NT | 27.11 | 399 |
| 6. | 97 | Orka '97 | 27.17 | 27.55 | 380 |

Programmanr. 1, Dames, 50m met vinnen

Dames Categorie Masters

| | | | | | |
|-------------------|----|--------|-------|--------------|-----|
| 1. Desiree Arends | 81 | PONTOS | 28.77 | 28.23 | 585 |
|-------------------|----|--------|-------|--------------|-----|

Dames Categorie Veteranen

| | | | | | |
|-------------------|----|----------|----|--------------|-----|
| 1. Martje Pilgram | 70 | Orka '97 | NT | 39.27 | 637 |
|-------------------|----|----------|----|--------------|-----|

Programmanr. 2
15-5-2022

Heren, 50m met vinnen

1 - 98 jaar
Resultaten

| | | | | | |
|-----------------------------------|-------|----------------------|------------|---------------|------------|
| Nederlandse records vinzwemmen HV | 22.72 | Milo Grosz | MVZZ | Ravenna (ITA) | 6-6-2015 |
| Nederlandse records vinzwemmen HM | 19.07 | Dennis van den Berg | VZ UTRECHT | Utrecht | 8-4-2018 |
| Nederlandse records vinzwemmen HA | 16.95 | Bas Vijlbrief | PONTOS | Wroclaw (POL) | 3-7-2017 |
| Nederlandse records vinzwemmen HB | 18.74 | Justin van Barneveld | UZSC | Utrecht | 21-11-1993 |
| Nederlandse records vinzwemmen HC | 20.71 | Arjan Pellicaan | OCEANUS | Eindhoven | 17-5-2003 |
| Nederlandse records vinzwemmen HD | 23.57 | Sven Kuin | UZSC | Eindhoven | 31-5-2008 |
| Nederlandse records vinzwemmen HE | 27.77 | Daan van Boxmeer | NAUV | Eindhoven | 28-6-1992 |

Punten: Vinpunten

| Rang | Geb. | | Inschrijftijd | Tijd | Pnt |
|---------------------------|------|--------------------------|---------------|--------------|------|
| Heren Categorie A | | | | | |
| 1. | 04 | Nautilus | 19.78 | 19.70 | 636 |
| 2. | 91 | Orka '97 | 22.11 | 22.08 | 452 |
| 3. | 02 | Orka '97 | 23.05 | 23.65 | 368 |
| Heren Categorie Masters | | | | | |
| 1. | 74 | WAVES | 22.69 | 22.13 | 639 |
| Heren Categorie Veteranen | | | | | |
| 1. | 72 | Nautilus | 19.79 | 19.64 | 1548 |
| 2. | 72 | VZ Utrecht | 21.25 | 21.96 | 1107 |
| | | <i>Nederlands record</i> | | | |
| 3. | 71 | WAVES | 24.52 | 24.59 | 788 |
| 4. | 69 | VZ Utrecht | 24.50 | 24.65 | 783 |
| 5. | 60 | Orka '97 | NT | 26.87 | 604 |

| | | |
|-----------------------------|-----------------|----------------------------|
| Programmanr. 3 15-5-2022 | 800m met vinnen | 12 - 98 jaar Resultaten |
|-----------------------------|-----------------|----------------------------|

| | | | | |
|-----------------------------------|---------|-------------------|----------------------------|------------|
| Nederlandse records vinzwemmen HV | 8:18.86 | Rob Fokkinga | VZ Utrecht Nijmegen | 6-4-2014 |
| Nederlandse records vinzwemmen HM | 8:29.90 | Allard Wagenveld | PONTOS Eindhoven | 9-6-2018 |
| Nederlandse records vinzwemmen HA | 6:52.81 | Edwin Kanters | NAUV Athene (GRE) | 20-8-1992 |
| Nederlandse records vinzwemmen HB | 7:25.53 | Marco van Agele | UZSC Balatonfuzfo (HUN) | 24-8-1997 |
| Nederlandse records vinzwemmen HC | 8:40.43 | Wouter van Diepen | PONTOS Eindhoven | 29-5-2016 |
| Nederlandse records vinzwemmen HD | 9:10.80 | Sven Kuin | UZSC Eindhoven | 31-5-2008 |
| Nederlandse records vinzwemmen DM | 8:30.00 | Nicole Voet | PONTOS Utrecht | 8-4-2018 |
| Nederlandse records vinzwemmen DA | 7:48.30 | Nicole de Groot | PONTOS St Petersburg (RUS) | 19-7-2000 |
| Nederlandse records vinzwemmen DB | 7:48.30 | Nicole de Groot | PONTOS St Petersburg (RUS) | 19-7-2000 |
| Nederlandse records vinzwemmen DC | 8:09.68 | Rosalina Buis | PONTOS Utrecht | 23-11-1997 |
| Nederlandse records vinzwemmen DD | 9:03.31 | Jose van Boxmeer | NAUV Liberec (CZE) | 26-7-1996 |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt |
|---------------------------------|---------------------|---------------------|---------------------|---------------------|
| Dames Categorie A, Dames | | | | |
| 1. | Yvanka Ashby | 00 OCEANUS | 9:26.44 | 9:21.91 578 |
| | 50m: 30.06 30.06 | 250m: 2:51.00 36.12 | 450m: 5:14.98 35.84 | 650m: 7:39.75 35.46 |
| | 100m: 1:03.01 32.95 | 300m: 3:27.52 36.52 | 500m: 5:51.15 36.17 | 700m: 8:15.51 35.76 |
| | 150m: 1:38.63 35.62 | 350m: 4:03.40 35.88 | 550m: 6:27.52 36.37 | 750m: 8:50.14 34.63 |
| | 200m: 2:14.88 36.25 | 400m: 4:39.14 35.74 | 600m: 7:04.29 36.77 | 800m: 9:21.91 31.77 |

Dames Categorie Masters, Dames

| | | | | |
|----|-----------------------|---------------------|---------------------|----------------------|
| 1. | Marian van den Beukel | 86 OSV Delphis | NT | 10:08.01 590 |
| | 50m: 32.77 32.77 | 250m: 3:04.86 38.48 | 450m: 5:41.46 38.91 | 650m: 8:17.04 38.64 |
| | 100m: 1:09.14 36.37 | 300m: 3:43.88 39.02 | 500m: 6:20.61 39.15 | 700m: 8:55.10 38.06 |
| | 150m: 1:47.59 38.45 | 350m: 4:23.39 39.51 | 550m: 6:59.59 38.98 | 750m: 9:32.14 37.04 |
| | 200m: 2:26.38 38.79 | 400m: 5:02.55 39.16 | 600m: 7:38.40 38.81 | 800m: 10:08.01 35.87 |

Dames Categorie A, Dames

| | | | | |
|----|---------------------|---------------------|---------------------|---------------------|
| 1. | Yvanka Ashby | 00 OCEANUS | 9:26.44 | 9:21.91 578 |
| | 50m: 30.06 30.06 | 250m: 2:51.00 36.12 | 450m: 5:14.98 35.84 | 650m: 7:39.75 35.46 |
| | 100m: 1:03.01 32.95 | 300m: 3:27.52 36.52 | 500m: 5:51.15 36.17 | 700m: 8:15.51 35.76 |
| | 150m: 1:38.63 35.62 | 350m: 4:03.40 35.88 | 550m: 6:27.52 36.37 | 750m: 8:50.14 34.63 |
| | 200m: 2:14.88 36.25 | 400m: 4:39.14 35.74 | 600m: 7:04.29 36.77 | 800m: 9:21.91 31.77 |

Dames Categorie Masters, Dames

| | | | | |
|----|-----------------------|---------------------|---------------------|----------------------|
| 1. | Marian van den Beukel | 86 OSV Delphis | NT | 10:08.01 590 |
| | 50m: 32.77 32.77 | 250m: 3:04.86 38.48 | 450m: 5:41.46 38.91 | 650m: 8:17.04 38.64 |
| | 100m: 1:09.14 36.37 | 300m: 3:43.88 39.02 | 500m: 6:20.61 39.15 | 700m: 8:55.10 38.06 |
| | 150m: 1:47.59 38.45 | 350m: 4:23.39 39.51 | 550m: 6:59.59 38.98 | 750m: 9:32.14 37.04 |
| | 200m: 2:26.38 38.79 | 400m: 5:02.55 39.16 | 600m: 7:38.40 38.81 | 800m: 10:08.01 35.87 |

Heren Categorie A, Heren

| | | | | |
|----|---------------------|---------------------|---------------------|---------------------|
| 1. | Wouter van Diepen | 01 PONTOS | 7:38.47 | 7:23.15 808 |
| | 50m: 24.68 24.68 | 250m: 2:16.85 28.00 | 450m: 4:09.47 28.02 | 650m: 6:01.76 27.81 |
| | 100m: 52.32 27.64 | 300m: 2:44.80 27.95 | 500m: 4:37.92 28.45 | 700m: 6:29.55 27.79 |
| | 150m: 1:20.50 28.18 | 350m: 3:13.22 28.42 | 550m: 5:05.91 27.99 | 750m: 6:57.22 27.67 |
| | 200m: 1:48.85 28.35 | 400m: 3:41.45 28.23 | 600m: 5:33.95 28.04 | 800m: 7:23.15 25.93 |

Programmanr. 4 Heren, 800m met vinnen 12 - 98 jaar
 15-5-2022 Resultaten

| | | | | |
|-----------------------------------|---------|-------------------|-------------------------|-----------|
| Nederlandse records vinzwemmen HV | 8:18.86 | Rob Fokkinga | VZ Utrecht Nijmegen | 6-4-2014 |
| Nederlandse records vinzwemmen HM | 8:29.90 | Allard Wagenveld | PONTOS Eindhoven | 9-6-2018 |
| Nederlandse records vinzwemmen HA | 6:52.81 | Edwin Kanters | NAUV Athene (GRE) | 20-8-1992 |
| Nederlandse records vinzwemmen HB | 7:25.53 | Marco van Aggele | UZSC Balatonfuzfo (HUN) | 24-8-1997 |
| Nederlandse records vinzwemmen HC | 8:40.43 | Wouter van Diepen | PONTOS Eindhoven | 29-5-2016 |
| Nederlandse records vinzwemmen HD | 9:10.80 | Sven Kuin | UZSC Eindhoven | 31-5-2008 |

Punten: Vinpunten

 Rang Geb. Inschrijftijd Tijd Pnt
 Programmanr. 5 Dames, 200m bifins 1 - 98 jaar
 15-5-2022 Resultaten

| | | | | |
|-----------------------------------|---------|-----------------|---------------------------|-----------|
| Nederlandse records vinzwemmen DV | | NOG GEEN RECORD | | |
| Nederlandse records vinzwemmen DM | 2:13.56 | Nicole Voet | PONTOS Utrecht | 8-4-2018 |
| Nederlandse records vinzwemmen DA | 1:50.54 | Ioanna Kapeloni | VZ UTRECHT Belgrado (SRB) | 17-7-2018 |
| Nederlandse records vinzwemmen DB | 1:59.41 | Robin Flaton | PONTOS Annemasse (FRA) | 7-7-2016 |
| Nederlandse records vinzwemmen DC | 2:06.76 | Robin Flaton | PONTOS Eindhoven | 21-6-2014 |
| Nederlandse records vinzwemmen DD | 2:15.18 | Julia Beumer | PONTOS Nijmegen | 9-12-2012 |
| Nederlandse records vinzwemmen DE | 2:37.16 | Mila van Lent | PONTOS Eindhoven | 9-6-2018 |

Punten: Vinpunten

 Rang Geb. Inschrijftijd Tijd Pnt
 Meisjes Categorie E

| | | | | | |
|----------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Noor van der Lugt | 11 | PONTOS | NT | 2:57.57 | 693 |
| 50m: 40.31 40.31 | 100m: 1:27.22 46.91 | 150m: 2:15.83 48.61 | 200m: 2:57.57 41.74 | | |

Meisjes Categorie D

| | | | | | |
|------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Pien Loeffen | 10 | PONTOS | NT | 2:44.10 | 558 |
| 50m: 38.78 38.78 | 100m: 1:21.22 42.44 | 150m: 2:05.00 43.78 | 200m: 2:44.10 39.10 | | |
| 2. Sanne Fuchten | 09 | PONTOS | NT | 2:48.14 | 519 |
| 50m: 36.90 36.90 | 100m: 1:21.00 44.10 | 150m: 2:06.56 45.56 | 200m: 2:48.14 41.58 | | |

Meisjes Categorie C

| | | | | | |
|------------------|---------------------|-----------------------|---------------------|----------------|-----|
| 1. Erin Bernard | 07 | Plongée Club de Douai | 2:11.93 | 2:14.73 | 832 |
| 50m: 31.49 31.49 | 100m: 1:06.00 34.51 | 150m: 1:41.64 35.64 | 200m: 2:14.73 33.09 | | |
| 2. Lilia Abidi | 08 | Plongée Club de Douai | NT | 2:22.74 | 700 |
| 50m: 32.79 32.79 | 100m: 1:10.14 37.35 | 150m: 1:47.27 37.13 | 200m: 2:22.74 35.47 | | |

Meisjes Categorie B

| | | | | | |
|------------------|-------------------|---------------------|---------------------|----------------|-----|
| 1. Nell Dewael | 06 | Nautilus | 1:57.97 | 2:01.10 | 958 |
| 50m: 27.43 27.43 | 100m: 57.54 30.11 | 150m: 1:29.33 31.79 | 200m: 2:01.10 31.77 | | |

Dames Categorie A

| | | | | | |
|----------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Marine Harze | 97 | Aquani-Nivelles | 1:56.23 | 1:58.38 | 814 |
| 50m: 27.71 27.71 | 100m: 57.48 29.77 | 150m: 1:28.32 30.84 | 200m: 1:58.38 30.06 | | |
| 2. Méline Bonhomme | 04 | Nautilus | 1:58.21 | 2:04.35 | 702 |
| 50m: 29.41 29.41 | 100m: 1:00.84 31.43 | 150m: 1:33.37 32.53 | 200m: 2:04.35 30.98 | | |
| 3. Nerena van Vuuren | 02 | OSV Delphis | NT | 2:20.51 | 486 |
| 50m: 31.78 31.78 | 100m: 1:07.50 35.72 | 150m: 1:45.38 37.88 | 200m: 2:20.51 35.13 | | |
| 4. Isa Rutten | 04 | WAVES | NT | 2:21.94 | 472 |
| 50m: 33.35 33.35 | 100m: 1:09.53 36.18 | 150m: 1:47.67 38.14 | 200m: 2:21.94 34.27 | | |
| 5. Rianne Smit | 97 | Orka '97 | NT | 2:28.83 | 409 |
| 50m: 34.58 34.58 | 100m: 1:12.18 37.60 | 150m: 1:51.37 39.19 | 200m: 2:28.83 37.46 | | |

Programmanr. 6 Heren, 200m bifins 1 - 98 jaar
15-5-2022 Resultaten

| | | | | |
|-----------------------------------|---------|-------------------|--------------------|-----------|
| Nederlandse records vinzwemmen HV | 2:07.66 | Erik de Jong | VZ UTRECHDordrecht | 19-5-2019 |
| Nederlandse records vinzwemmen HM | 1:55.20 | Brian Joosten | VZ UTRECHDordrecht | 19-5-2019 |
| Nederlandse records vinzwemmen HA | 1:48.97 | Bas Vijlbrief | PONTOS Utrecht | 17-4-2016 |
| Nederlandse records vinzwemmen HB | 1:52.46 | Bas de Reuver | PONTOS Amsterdam | 4-2-2018 |
| Nederlandse records vinzwemmen HC | 1:53.42 | Max Reinders | RBT98 Eindhoven | 21-6-2014 |
| Nederlandse records vinzwemmen HD | 2:19.55 | Demian Schimmel | ZVH Eindhoven | 28-5-2016 |
| Nederlandse records vinzwemmen HE | 2:30.98 | Wouter van Diepen | PONTOS Nijmegen | 9-12-2012 |

Punten: Vinpunten

Rang Geb. Inschrijftijd Tijd Pnt

Jongens Categorie C

1. Sasha Zimer 08 Nautilus 2:06.73 **2:09.06** 678
50m: 26.77 26.77 100m: 58.75 31.98 150m: 1:34.00 35.25 200m: 2:09.06 35.06

Jongens Categorie B

1. Loris Rosolen 05 Nautilus 1:51.65 **1:53.14** 982
50m: 26.01 26.01 100m: 55.75 29.74 150m: 1:25.65 29.90 200m: 1:53.14 27.49
2. Sofiane Abidi 06 Plongée Club de Douai 2:06.47 **2:06.18** 707
50m: 29.22 29.22 100m: 1:00.31 31.09 150m: 1:34.09 33.78 200m: 2:06.18 32.09

Heren Categorie A

1. Brivaël Formann 04 Nautilus 1:43.20 **1:53.61** 882
50m: 25.39 25.39 100m: 54.18 28.79 150m: 1:24.04 29.86 200m: 1:53.61 29.57
2. Roelant Cornelissen 91 Orka '97 2:04.38 **2:05.12** 660
50m: 26.67 26.67 100m: 57.56 30.89 150m: 1:31.29 33.73 200m: 2:05.12 33.83

Heren Categorie Veteranen

1. Erik de Jong 69 VZ Utrecht 2:07.66 **2:09.04** 968
50m: 28.80 28.80 100m: 59.96 31.16 150m: 1:33.52 33.56 200m: 2:09.04 35.52
2. Marco Rutten 71 WAVES NT **2:10.30** 940
50m: 29.20 29.20 100m: 1:01.95 32.75 150m: 1:36.43 34.48 200m: 2:10.30 33.87

Programmanr. 7 Dames, 100m met vinnen 1 - 98 jaar
15-5-2022 Resultaten

| | | | | |
|-----------------------------------|---------|-----------------|--------------------------|------------|
| Nederlandse records vinzwemmen DV | 1:03.26 | Nicolette Mak | VZ UTRECHUtrecht | 21-11-2021 |
| Nederlandse records vinzwemmen DM | 53.90 | Jamy Schumacher | VZ UTRECHUtrecht | 10-6-2018 |
| Nederlandse records vinzwemmen DA | 45.92 | Tjitske Tuinhof | ASA Viareggio (ITA) | 9-2-1991 |
| Nederlandse records vinzwemmen DB | 46.26 | Rosalina Buis | PONTOS Ravenna (ITA) | 2-5-1999 |
| Nederlandse records vinzwemmen DC | 47.26 | Rosalina Buis | PONTOS Montpellier (FRA) | 20-7-1997 |
| Nederlandse records vinzwemmen DD | 50.23 | Anouk Kuin | UZSC Utrecht | 12-12-2004 |
| Nederlandse records vinzwemmen DE | 58.98 | Floor Boon | VZ UTRECHUtrecht | 21-11-2021 |

Punten: Vinpunten

Rang Geb. Inschrijftijd Tijd Pnt

Meisjes Categorie E

1. Noor van der Lugt 11 PONTOS 1:26.40 **1:18.94** 417
50m: 38.17 38.17 100m: 1:18.94 40.77
2. Lucie Gout 12 VZ Utrecht NT **1:28.39** 297
50m: 42.86 42.86 100m: 1:28.39 45.53
3. Saphine Chaitram 11 VZ Utrecht NT **1:34.26** 244
50m: 38.90 38.90 100m: 1:34.26 55.36

Programmanr. 7, Meisjes, 100m met vinnen, Meisjes Categorie E

| Rang | | | | Geb. | | | Inschrijftijd | Tijd | Pnt |
|------|---------------|-------|-------|-------|------------|-------|---------------|----------------|-----|
| 4. | Aizza Bommel | | | 11 | VZ Utrecht | | NT | 1:37.85 | 218 |
| | 50m: | 42.73 | 42.73 | 100m: | 1:37.85 | 55.12 | | | |
| 5. | Zoë Bommel | | | 13 | VZ Utrecht | | NT | 1:39.69 | 207 |
| | 50m: | 45.24 | 45.24 | 100m: | 1:39.69 | 54.45 | | | |
| 6. | Babet Fleuren | | | 12 | PONTOS | | NT | 1:39.78 | 206 |
| | 50m: | 46.47 | 46.47 | 100m: | 1:39.78 | 53.31 | | | |

Meisjes Categorie D

| | | | | | | | | | |
|----|-------------------|-------|-------|-------|------------|-------|---------|----------------|-----|
| 1. | Floor Boon | | | 10 | VZ Utrecht | | 58.98 | 59.07 | 614 |
| | 50m: | 28.35 | 28.35 | 100m: | 59.07 | 30.72 | | | |
| 2. | Fileine van Kuijk | | | 09 | PONTOS | | NT | 1:00.37 | 576 |
| | 50m: | 28.38 | 28.38 | 100m: | 1:00.37 | 31.99 | | | |
| 3. | Carlijn Janssen | | | 10 | PONTOS | | 1:18.80 | 1:12.87 | 327 |
| | 50m: | 32.39 | 32.39 | 100m: | 1:12.87 | 40.48 | | | |
| 4. | Bodijne Chaitram | | | 09 | VZ Utrecht | | NT | 1:41.80 | 120 |

Meisjes Categorie C

| | | | | | | | | | |
|----|-----------------------|-------|-------|-------|-----------|-------|----|----------------|-----|
| 1. | Xafiera van der Hulst | | | 07 | MonoVinzz | | NT | 55.65 | 612 |
| | 50m: | 27.25 | 27.25 | 100m: | 55.65 | 28.40 | | | |
| 2. | Silke van der Geest | | | 08 | PONTOS | | NT | 57.81 | 546 |
| | 50m: | 27.21 | 27.21 | 100m: | 57.81 | 30.60 | | | |
| 3. | Eva Moolenkamp | | | 08 | Orka '97 | | NT | 1:08.37 | 330 |
| | 50m: | 32.63 | 32.63 | 100m: | 1:08.37 | 35.74 | | | |
| 4. | Ella-May Meeuwisse | | | 08 | OCEANUS | | NT | 1:08.70 | 325 |
| | 50m: | 31.33 | 31.33 | 100m: | 1:08.70 | 37.37 | | | |

Meisjes Categorie B

| | | | | | | | | | |
|----|-----------------|-------|-------|-------|-----------------------|-------|----|----------------|-----|
| 1. | Janice Bonhomme | | | 06 | Plongée Club de Douai | | NT | 58.42 | 496 |
| | 50m: | 28.13 | 28.13 | 100m: | 58.42 | 30.29 | | | |
| 2. | Maureen Bernard | | | 05 | Plongée Club de Douai | | NT | 1:00.96 | 437 |
| | 50m: | 29.77 | 29.77 | 100m: | 1:00.96 | 31.19 | | | |

Dames Categorie A

| | | | | | | | | | |
|----|--------------------|-------|-------|-------|-------------|-------|---------|----------------|-----|
| 1. | Hélène Bouwmeester | | | 95 | VZ Utrecht | | 52.11 | 54.22 | 607 |
| | 50m: | 25.64 | 25.64 | 100m: | 54.22 | 28.58 | | | |
| 2. | Femina Neehus | | | 96 | VZ Utrecht | | 57.87 | 58.26 | 489 |
| | 50m: | 27.48 | 27.48 | 100m: | 58.26 | 30.78 | | | |
| 3. | Yvanka Ashby | | | 00 | OCEANUS | | 59.66 | 58.52 | 483 |
| | 50m: | 28.00 | 28.00 | 100m: | 58.52 | 30.52 | | | |
| 4. | Rianne Smit | | | 97 | Orka '97 | | 1:03.33 | 1:02.89 | 389 |
| | 50m: | 29.91 | 29.91 | 100m: | 1:02.89 | 32.98 | | | |
| 5. | Nerena van Vuuren | | | 02 | OSV Delphis | | NT | 1:04.28 | 364 |
| | 50m: | 31.52 | 31.52 | 100m: | 1:04.28 | 32.76 | | | |

Programmanr. 7, Dames, 100m met vinnen

Dames Categorie Masters

1. Desiree Arends 81 PONTOS 1:01.58 **1:02.85** 630
50m: 30.42 30.42 100m: 1:02.85 32.43

Dames Categorie Veteranen

1. Martje Pilgram 70 Orka '97 NT **1:26.89** 385
50m: 42.53 42.53 100m: 1:26.89 44.36

Programmanr. 8
15-5-2022

Heren, 100m met vinnen

1 - 98 jaar
Resultaten

| | | | | | |
|-----------------------------------|---------|----------------------|--------|---------------|------------|
| Nederlandse records vinzwemmen HV | 50.08 | Milo Grosz | MVZZ | Ravenna (ITA) | 6-6-2015 |
| Nederlandse records vinzwemmen HM | 45.42 | Frank Schijf | PONTOS | Eindhoven | 21-6-2015 |
| Nederlandse records vinzwemmen HA | 39.42 | Bas Vijlbrief | PONTOS | Eindhoven | 4-6-2017 |
| Nederlandse records vinzwemmen HB | 40.83 | Justin van Barneveld | UZSC | Amersfoort | 24-10-1993 |
| Nederlandse records vinzwemmen HC | 45.43 | Sven Kuin | UZSC | Eindhoven | 20-6-2010 |
| Nederlandse records vinzwemmen HD | 54.46 | Robin van Aggele | UZSC | Eindhoven | 7-6-1997 |
| Nederlandse records vinzwemmen HE | 1:04.80 | Wouter van Diepen | PONTOS | Eindhoven | 24-6-2012 |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt |
|------|------|---------------|------|-----|
|------|------|---------------|------|-----|

Heren Categorie A

1. Rens Reichard 02 Orka '97 52.31 **54.26** 383
50m: 25.69 25.69 100m: 54.26 28.57

Heren Categorie Masters

1. Allard Wagensveld 74 WAVES 48.38 **48.70** 811
50m: 23.56 23.56 100m: 48.70 25.14

Heren Categorie Veteranen

1. Brian Joosten 72 VZ Utrecht 47.32 **48.25** 1118
Nederlands record
50m: 23.39 23.39 100m: 48.25 24.86

2. Dirk Arij de Jong 60 Orka '97 NT **1:00.88** 556
50m: 28.96 28.96 100m: 1:00.88 31.92

Programmanr. 9 400m perslucht 12 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|------------------|---------|--------------------|-----------|
| Nederlandse records vinzwemmen HV | 4:08.50 | Rob Fokkinga | VINUTR | Breda | 18-5-2014 |
| Nederlandse records vinzwemmen HM | 4:49.67 | Peter Blanker | DOVOR | Nijmegen | 15-3-2015 |
| Nederlandse records vinzwemmen HA | 3:12.82 | Edwin Kanters | NAUV | Tampere (FIN) | 5-8-1995 |
| Nederlandse records vinzwemmen HB | 3:30.19 | Edwin Kanters | RBV | Zurich (SUI) | 4-7-1987 |
| Nederlandse records vinzwemmen HC | 3:44.64 | Arjan Pellicaan | OCEANUS | Jeju (KOR) | 5-9-2003 |
| Nederlandse records vinzwemmen HD | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DM | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DA | 3:42.29 | Monique de Jager | UZSC | Dunaujvaros (HUN) | 21-8-1996 |
| Nederlandse records vinzwemmen DB | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DC | 4:11.36 | Astrea Gerritse | NAUV | Balatonfuzfo (HUN) | 31-8-1994 |
| Nederlandse records vinzwemmen DD | 4:36.07 | Jose van Boxmeer | NAUV | Liberec (CZE) | 27-7-1996 |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt | | | | |
|---------------------------------------|--------------------------------|---------------|---------------|---------|----------------|-------|---------------|-------|
| Dames Categorie Masters, Dames | | | | | | | | |
| 1. | Marian van den Beukel | 86 | OSV Delphis | 4:59.80 | 4:58.47 | 8123 | | |
| | <i>Nieuw Nederlands record</i> | | | | | | | |
| | 50m: 32.35 | 32.35 | 150m: 1:44.08 | 36.53 | 250m: 3:00.92 | 38.49 | 350m: 4:20.00 | 39.32 |
| | 100m: 1:07.55 | 35.20 | 200m: 2:22.43 | 38.35 | 300m: 3:40.68 | 39.76 | 400m: 4:58.47 | 38.47 |

Heren Categorie Veteranen, Heren

| | | | | | | | | |
|----|---------------|-------|---------------|---------|----------------|-------|---------------|-------|
| 1. | Peter Blanker | 72 | Orka '97 | 5:08.57 | 5:12.25 | 504 | | |
| | 50m: 32.83 | 32.83 | 150m: 1:48.76 | 39.26 | 250m: 3:11.71 | 43.00 | 350m: 4:34.78 | 42.14 |
| | 100m: 1:09.50 | 36.67 | 200m: 2:28.71 | 39.95 | 300m: 3:52.64 | 40.93 | 400m: 5:12.25 | 37.47 |

 Programmanr. 10 Gemengd, 4 x 50m afstand duiken 14 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|--------------------|-----|---------|----------|
| Nederlandse records vinzwemmen GV | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen GM | 1:33.94 | Vinzwemmen Utrecht | VZU | Utrecht | 8-4-2018 |
| Nederlandse records vinzwemmen GA | 1:18.88 | Vinzwemmen Utrecht | VZU | Utrecht | 8-4-2018 |
| Nederlandse records vinzwemmen GB | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen GC | | NOG GEEN RECORD | | | |

Punten: Vinpunten

| Rang | Inschrijftijd | Tijd | Pnt | | | |
|----------------------------|---------------------|----------|-------------|-----------------------|----|-------------|
| Gemengd Categorie A | | | | | | |
| 1. | Nautilus GA | Belgium | NT | 1:21.90 | | |
| | Méline Bonhomme | 04 | 20.42 | Nell Dewael | 06 | 21.99 |
| | Brivaël Formann | 04 | +0,60 17.60 | Loris Rosolen | 05 | 21.89 |
| 2. | NOB | NOB | NT | 1:24.70 | | |
| | Hélène Bouwmeester | 95 | +1,14 22.23 | Xafiera van der Hulst | 07 | +0,42 22.40 |
| | Erik de Jong | 69 | +0,07 21.11 | Brian Joosten | 72 | +0,35 18.96 |
| 3. | Belgium GA | Belgium | NT | 1:33.73 | | |
| | Burak Basturk | 72 | +0,98 18.40 | Lilia Abidi | 08 | +0,63 28.47 |
| | Sofiane Abidi | 06 | +0,73 24.06 | Janice Bonhomme | 06 | -0,02 22.80 |
| 4. | Orka GA | Orka '97 | NT | 1:45.27 | | |
| | Eva Moolenkamp | 08 | +1,08 32.19 | Rianne Smit | 97 | +0,21 29.32 |
| | Roelant Cornelissen | 91 | 0.00 20.26 | Rens Reichard | 02 | +0,38 23.50 |

Programmanr. 11 Dames, 400m met vinnen 1 - 98 jaar
15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|--------------------|--------|---------------------|------------|
| Nederlandse records vinzwemmen DV | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DM | 4:14.91 | Nicole Voet | PONTOS | Amsterdam | 4-2-2018 |
| Nederlandse records vinzwemmen DA | 3:44.13 | Angela Koekoek | UZSC | Eindhoven | 12-6-1999 |
| Nederlandse records vinzwemmen DB | 3:45.75 | Nicole de Groot | PONTOS | St Petersburg (RUS) | 23-7-2000 |
| Nederlandse records vinzwemmen DC | 3:51.49 | Rosalina Buis | PONTOS | Utrecht | 21-12-1997 |
| Nederlandse records vinzwemmen DD | 4:35.91 | Ande Raadschelders | UZSC | Eindhoven | 23-6-2012 |
| Nederlandse records vinzwemmen DE | 5:06.84 | Melika Kissami | VINUTR | Utrecht | 15-11-2015 |

Punten: Vinpunten

| Rang | Geb. | | | Inschrijftijd | | | Tijd | Pnt |
|----------------------------------|--------------------------------|-------|---------------|---------------|---------------|---------|----------------|-------|
| Meisjes Categorie D | | | | | | | | |
| 1. | Floor Boon | 10 | VZ Utrecht | | | NT | 4:47.60 | 882 |
| | 50m: 33.27 | 33.27 | 150m: 1:44.37 | 36.05 | 250m: 2:57.69 | 36.51 | 350m: 4:12.77 | 37.65 |
| | 100m: 1:08.32 | 35.05 | 200m: 2:21.18 | 36.81 | 300m: 3:35.12 | 37.43 | 400m: 4:47.60 | 34.83 |
| Dames Categorie A | | | | | | | | |
| 1. | Hélène Bouwmeester | 95 | VZ Utrecht | | | 4:20.74 | 4:26.72 | 593 |
| | 50m: 30.79 | 30.79 | 150m: 1:38.84 | 34.82 | 250m: 2:50.87 | 36.39 | 350m: 3:56.53 | 32.95 |
| | 100m: 1:04.02 | 33.23 | 200m: 2:14.48 | 35.64 | 300m: 3:23.58 | 32.71 | 400m: 4:26.72 | 30.19 |
| 2. | Yvanka Ashby | 00 | OCEANUS | | | 4:42.45 | 4:31.67 | 561 |
| | 50m: 30.01 | 30.01 | 150m: 1:38.55 | 35.03 | 250m: 2:49.62 | 35.30 | 350m: 3:59.20 | 34.69 |
| | 100m: 1:03.52 | 33.51 | 200m: 2:14.32 | 35.77 | 300m: 3:24.51 | 34.89 | 400m: 4:31.67 | 32.47 |
| 3. | Femina Neehus | 96 | VZ Utrecht | | | NT | 4:43.44 | 494 |
| | 50m: 29.98 | 29.98 | 150m: 1:39.12 | 35.15 | 250m: 2:52.81 | 37.03 | 350m: 4:07.29 | 37.81 |
| | 100m: 1:03.97 | 33.99 | 200m: 2:15.78 | 36.66 | 300m: 3:29.48 | 36.67 | 400m: 4:43.44 | 36.15 |
| 4. | Rianne Smit | 97 | Orka '97 | | | NT | 5:10.02 | 377 |
| | 50m: 34.70 | 34.70 | 150m: 1:49.88 | 38.68 | 250m: 3:09.65 | 40.07 | 350m: 4:31.66 | 40.27 |
| | 100m: 1:11.20 | 36.50 | 200m: 2:29.58 | 39.70 | 300m: 3:51.39 | 41.74 | 400m: 5:10.02 | 38.36 |
| 5. | Nerena van Vuuren | 02 | OSV Delphis | | | NT | 5:23.87 | 331 |
| | 50m: 39.15 | 39.15 | 150m: 2:01.93 | 42.51 | 250m: 3:27.84 | 42.99 | 350m: 4:47.15 | 39.19 |
| | 100m: 1:19.42 | 40.27 | 200m: 2:44.85 | 42.92 | 300m: 4:07.96 | 40.12 | 400m: 5:23.87 | 36.72 |
| Dames Categorie Masters | | | | | | | | |
| 1. | Marian van den Beukel | 86 | OSV Delphis | | | NT | 4:41.73 | 740 |
| | 50m: 31.63 | 31.63 | 150m: 1:41.86 | 35.99 | 250m: 2:53.61 | 36.05 | 350m: 4:06.61 | 36.32 |
| | 100m: 1:05.87 | 34.24 | 200m: 2:17.56 | 35.70 | 300m: 3:30.29 | 36.68 | 400m: 4:41.73 | 35.12 |
| 2. | Desiree Arends | 81 | PONTOS | | | 4:51.10 | 4:55.37 | 642 |
| | 50m: 32.44 | 32.44 | 150m: 1:44.75 | 37.21 | 250m: 3:01.48 | 39.00 | 350m: 4:18.93 | 38.27 |
| | 100m: 1:07.54 | 35.10 | 200m: 2:22.48 | 37.73 | 300m: 3:40.66 | 39.18 | 400m: 4:55.37 | 36.44 |
| Dames Categorie Veteranen | | | | | | | | |
| 1. | Martje Pilgram | 70 | Orka '97 | | | NT | 6:30.81 | 3618 |
| | <i>Nieuw Nederlands record</i> | | | | | | | |
| | 50m: 43.99 | 43.99 | 150m: 2:22.87 | 51.31 | 250m: 4:04.93 | 51.41 | 350m: 5:45.40 | 50.03 |
| | 100m: 1:31.56 | 47.57 | 200m: 3:13.52 | 50.65 | 300m: 4:55.37 | 50.44 | 400m: 6:30.81 | 45.41 |

Programmanr. 12 Heren, 400m met vinnen 1 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|-------------------|------------|--------------------|------------|
| Nederlandse records vinzwemmen HV | 4:00.87 | Rob Fokkinga | VZ Utrecht | Utrecht | 16-11-2014 |
| Nederlandse records vinzwemmen HM | 3:58.89 | Frank Schijf | PONTOS | Utrecht | 16-11-2014 |
| Nederlandse records vinzwemmen HA | 3:16.50 | Edwin Kanters | NAUV | Moskou (RUS) | 20-8-1993 |
| Nederlandse records vinzwemmen HB | 3:29.98 | Marco van Aggele | UZSC | Balatonfuzfo (HUN) | 24-8-1997 |
| Nederlandse records vinzwemmen HC | 3:55.49 | Wouter van Diepen | PONTOS | Utrecht | 20-11-2016 |
| Nederlandse records vinzwemmen HD | 4:31.56 | Wouter van Diepen | PONTOS | Eindhoven | 21-6-2014 |
| Nederlandse records vinzwemmen HE | 5:14.63 | Tijs Berens | PONTOS | Eindhoven | 6-5-2000 |

Punten: Vinpunten

| Rang | Geb. | | | Inschrijftijd | | | Tijd | Pnt | | |
|-------------------|-------------------|-------|-------|---------------|---------|-------|-------|---------------|--------------------|---------------|
| Heren Categorie A | | | | | | | | | | |
| 1. | Wouter van Diepen | | | 01 | PONTOS | | | 3:33.59 | 3:35.37 759 | |
| | 50m: | 23.98 | 23.98 | 150m: | 1:19.71 | 28.29 | 250m: | 2:15.69 27.73 | 350m: | 3:09.94 26.84 |
| | 100m: | 51.42 | 27.44 | 200m: | 1:47.96 | 28.25 | 300m: | 2:43.10 27.41 | 400m: | 3:35.37 25.43 |

Heren Categorie Veteranen

| | | | | | | | | | | |
|----|---------------|-------|-------|-------|------------|-------|-------|---------------|--------------------|---------------|
| 1. | Brian Joosten | | | 72 | VZ Utrecht | | | 4:00.92 | 4:02.06 985 | |
| | 50m: | 26.73 | 26.73 | 150m: | 1:27.47 | 31.01 | 250m: | 2:30.96 31.80 | 350m: | 3:34.00 31.05 |
| | 100m: | 56.46 | 29.73 | 200m: | 1:59.16 | 31.69 | 300m: | 3:02.95 31.99 | 400m: | 4:02.06 28.06 |

 Programmanr. 13 Dames, 100m bifins 1 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|-----------------|------------|----------------|------------|
| Nederlandse records vinzwemmen DV | 1:07.14 | Nicolette Mak | VZ UTRECHT | Utrecht | 21-11-2021 |
| Nederlandse records vinzwemmen DM | 1:00.58 | Jamy Schumacher | VZ UTRECHT | Eindhoven | 9-6-2018 |
| Nederlandse records vinzwemmen DA | 50.81 | Ioanna Kapeloni | VZU | Belgrado (SRB) | 16-7-2018 |
| Nederlandse records vinzwemmen DB | 53.19 | Anouk van Esch | RBT98 | Eindhoven | 22-6-2019 |
| Nederlandse records vinzwemmen DC | 56.71 | Robin Flaton | PONTOS | Eindhoven | 21-6-2014 |
| Nederlandse records vinzwemmen DD | 1:00.33 | Jade Arts | PONTOS | Utrecht | 19-11-2017 |
| Nederlandse records vinzwemmen DE | 1:04.51 | Mila van Lent | PONTOS | Utrecht | 4-11-2018 |

Punten: Vinpunten

| Rang | Geb. | | | Inschrijftijd | | | Tijd | Pnt | |
|---------------------|-------------------|-------|-------|---------------|-----------------|-------|------|---------|--------------------|
| Meisjes Categorie E | | | | | | | | | |
| 1. | Elise Rousseau | | | 11 | Aquani-Nivelles | | | 1:08.99 | 1:13.63 672 |
| | 50m: | 33.15 | 33.15 | 100m: | 1:13.63 | 40.48 | | | |
| 2. | Noor van der Lugt | | | 11 | PONTOS | | | 1:21.21 | 1:19.31 538 |
| | 50m: | 37.25 | 37.25 | 100m: | 1:19.31 | 42.06 | | | |
| 3. | Lucie Gout | | | 12 | VZ Utrecht | | | NT | 1:25.21 433 |
| | 50m: | 40.54 | 40.54 | 100m: | 1:25.21 | 44.67 | | | |
| 4. | Aizza Bommel | | | 11 | VZ Utrecht | | | NT | 1:37.48 289 |
| | 50m: | 44.30 | 44.30 | 100m: | 1:37.48 | 53.18 | | | |
| 5. | Zoë Bommel | | | 13 | VZ Utrecht | | | NT | 1:40.35 265 |
| | 50m: | 44.80 | 44.80 | 100m: | 1:40.35 | 55.55 | | | |
| 6. | Saphine Chaitram | | | 11 | VZ Utrecht | | | NT | 1:40.40 265 |
| | 50m: | 44.41 | 44.41 | 100m: | 1:40.40 | 55.99 | | | |
| 7. | Babet Fleuren | | | 12 | PONTOS | | | NT | 1:43.85 239 |

Programmanr. 13, Dames, 100m bifins

Meisjes Categorie D

| | | | | | |
|----------------------|---------------------|-----------------|---------|----------------|-----|
| 1. Fileine van Kuijk | 09 | PONTOS | 1:01.49 | 1:01.02 | 966 |
| 2. Pien Loeffen | 10 | PONTOS | 1:15.52 | 1:10.45 | 627 |
| 50m: 32.48 32.48 | 100m: 1:10.45 37.97 | | | | |
| 3. Louise Henry | 09 | Aquani-Nivelles | 1:08.23 | 1:11.53 | 599 |
| 50m: 32.58 32.58 | 100m: 1:11.53 38.95 | | | | |
| 4. Carlijn Janssen | 10 | PONTOS | 1:20.05 | 1:12.90 | 566 |
| 5. Sara Godart | 10 | Aquani-Nivelles | 1:08.70 | 1:13.71 | 548 |
| 50m: 33.54 33.54 | 100m: 1:13.71 40.17 | | | | |
| 6. Sanne Fuchten | 09 | PONTOS | 1:19.11 | 1:17.13 | 478 |
| 50m: 35.64 35.64 | 100m: 1:17.13 41.49 | | | | |
| 7. Bodijne Chaitram | 09 | VZ Utrecht | NT | 1:28.50 | 316 |
| 50m: 37.10 37.10 | 100m: 1:28.50 51.40 | | | | |

Meisjes Categorie C

| | | | | | |
|--|---------------------|-----------------------|---------|----------------|-----|
| 1. Xafiera van der Hulst | 07 | MonoVinz | NT | 1:00.11 | 839 |
| 50m: 29.32 29.32 | 100m: 1:00.11 30.79 | | | | |
| 2. Aloise Glorieux | 07 | Aquani-Nivelles | 59.23 | 1:01.80 | 772 |
| 50m: 29.53 29.53 | 100m: 1:01.80 32.27 | | | | |
| 3. Ella-May Meeuwisse | 08 | OCEANUS | NT | 1:06.76 | 612 |
| 50m: 30.31 30.31 | 100m: 1:06.76 36.45 | | | | |
| 4. Lilia Abidi | 08 | Plongée Club de Douai | 1:06.77 | 1:07.19 | 601 |
| 50m: 32.01 32.01 | 100m: 1:07.19 35.18 | | | | |
| 5. Silke van der Geest | 08 | PONTOS | NT | 1:09.36 | 546 |
| 50m: 32.54 32.54 | 100m: 1:09.36 36.82 | | | | |
| 6. Eva Moolenkamp | 08 | Orka '97 | NT | 1:12.58 | 477 |
| 50m: 33.39 33.39 | 100m: 1:12.58 39.19 | | | | |
| DIS Erin Bernard | 07 | Plongée Club de Douai | 1:00.58 | | |
| <i>A1 - Bewogen of te vroeg weg bij de start (geen tijd noteren)</i> | | | | | |

Meisjes Categorie B

| | | | | | |
|--------------------|---------------------|-----------------------|---------|----------------|-----|
| 1. Nell Dewael | 06 | Nautilus | 53.24 | 53.98 | 956 |
| 50m: 25.94 25.94 | 100m: 53.98 28.04 | | | | |
| 2. Maureen Bernard | 05 | Plongée Club de Douai | NT | 1:00.44 | 681 |
| 50m: 28.56 28.56 | 100m: 1:00.44 31.88 | | | | |
| 3. Anyk Joosten | 05 | VZ Utrecht | 1:02.16 | 1:02.76 | 608 |
| 50m: 29.56 29.56 | 100m: 1:02.76 33.20 | | | | |

Dames Categorie A

| | | | | | |
|--------------------|---------------------|----------|---------|----------------|-----|
| 1. Méline Bonhomme | 04 | Nautilus | 54.17 | 55.75 | 757 |
| 50m: 26.87 26.87 | 100m: 55.75 28.88 | | | | |
| 2. Isa Rutten | 04 | WAVES | 1:04.22 | 1:02.28 | 543 |
| 50m: 31.01 31.01 | 100m: 1:02.28 31.27 | | | | |

Programmanr. 14 Heren, 100m bifins 1 - 98 jaar
15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|-------------------|------------|-------------|-----------|
| Nederlandse records vinzwemmen HV | 54.55 | Fred Steegstra | MVZZ | Eindhoven | 28-5-2016 |
| Nederlandse records vinzwemmen HM | 50.60 | Brian Joosten | VZ UTRECHT | Eindhoven | 22-6-2019 |
| Nederlandse records vinzwemmen HA | 46.16 | Bas Vijlbrief | PONTOS | Volos (GRE) | 24-6-2016 |
| Nederlandse records vinzwemmen HB | 50.20 | Bas de Reuver | PONTOS | Gent (BEL) | 22-4-2018 |
| Nederlandse records vinzwemmen HC | 50.42 | Max Reinders | RBT98 | Eindhoven | 21-6-2014 |
| Nederlandse records vinzwemmen HD | 56.36 | Max Reinders | OCEANUS | Eindhoven | 23-6-2012 |
| Nederlandse records vinzwemmen HE | 1:10.72 | Wouter van Diepen | PONTOS | Eindhoven | 23-6-2012 |

Punten: Vinpunten

| Rang | Geb. | | | Inschrijftijd | Tijd | Pnt |
|----------------------------------|------------------|---------------------|-----------------------|---------------|----------------|-----|
| Jongens Categorie C | | | | | | |
| 1. | Sasha Zimer | 08 | Nautilus | 56.86 | 57.55 | 672 |
| | 50m: 26.94 26.94 | 100m: 57.55 30.61 | | | | |
| Jongens Categorie B | | | | | | |
| 1. | Loris Rosolen | 05 | Nautilus | 50.48 | 51.32 | 935 |
| | 50m: 25.03 25.03 | 100m: 51.32 26.29 | | | | |
| 2. | Sofiane Abidi | 06 | Plongée Club de Douai | 57.00 | 57.07 | 680 |
| | 50m: 27.86 27.86 | 100m: 57.07 29.21 | | | | |
| Heren Categorie A | | | | | | |
| 1. | Brivaël Formann | 04 | Nautilus | 48.11 | 48.96 | 838 |
| | 50m: 23.81 23.81 | 100m: 48.96 25.15 | | | | |
| 2. | Rens Reichard | 02 | Orka '97 | 59.25 | 1:00.38 | 446 |
| | 50m: 28.52 28.52 | 100m: 1:00.38 31.86 | | | | |
| Heren Categorie Masters | | | | | | |
| 1. | Allard Wagenveld | 74 | WAVES | NT | 54.64 | 794 |
| | 50m: 25.97 25.97 | 100m: 54.64 28.67 | | | | |
| Heren Categorie Veteranen | | | | | | |
| 1. | Erik de Jong | 69 | VZ Utrecht | 56.36 | 57.21 | 866 |
| | 50m: 27.64 27.64 | 100m: 57.21 29.57 | | | | |
| 2. | Marco Rutten | 71 | WAVES | NT | 58.19 | 823 |
| | 50m: 28.09 28.09 | 100m: 58.19 30.10 | | | | |

Programmanr. 15 100m perslucht 12 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|----------------------|------------|------------------|------------|
| Nederlandse records vinzwemmen HV | 47.34 | Milo Grosz | MVZZ | Eindhoven | 21-6-2015 |
| Nederlandse records vinzwemmen HM | 47.47 | Brian Joosten | VZ UTRECHT | Utrecht | 24-11-2019 |
| Nederlandse records vinzwemmen HA | 36.54 | Justin van Barneveld | UZSC | San Marino (SMR) | 9-7-2005 |
| Nederlandse records vinzwemmen HB | 39.78 | Arjan Pellicaan | OCEANUS | Ostrowiec (POL) | 6-8-2005 |
| Nederlandse records vinzwemmen HC | 42.19 | Arjan Pellicaan | OCEANUS | Jeju (KOR) | 1-9-2003 |
| Nederlandse records vinzwemmen HD | 53.54 | Arjan Pellicaan | OCEANUS | Eindhoven | 9-6-2001 |
| Nederlandse records vinzwemmen DV | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DM | 1:04.58 | Elma Corbijn | MVZZ | Utrecht | 19-11-2017 |
| Nederlandse records vinzwemmen DA | 44.18 | Rosalina Buis | PONTOS | Utrecht | 18-4-1999 |
| Nederlandse records vinzwemmen DB | 44.18 | Rosalina Buis | PONTOS | Utrecht | 18-4-1999 |
| Nederlandse records vinzwemmen DC | 45.48 | Jade Arts | PONTOS | Eindhoven | 23-6-2019 |
| Nederlandse records vinzwemmen DD | 54.54 | Jose van Boxmeer | NAUV | Eindhoven | 4-5-1996 |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt | | |
|---|------------------|---------------------|-----------------------|-------|----------------|------|
| Meisjes Categorie B, Dames | | | | | | |
| 1. | Janice Bonhomme | 06 | Plongée Club de Douai | 56.34 | 1:01.22 | 375 |
| Heren Categorie Veteranen, Heren | | | | | | |
| 1. | Burak Basturk | 72 | Nautilus | 42.10 | 42.69 | 1371 |
| | 50m: 20.17 20.17 | 100m: 42.69 22.52 | | | | |
| 2. | Peter Blanker | 72 | Orka '97 | 58.24 | 1:00.52 | 481 |
| | 50m: 28.20 28.20 | 100m: 1:00.52 32.32 | | | | |

 Programmanr. 16 Dames, 400m bifins 1 - 98 jaar
 15-5-2022 Resultaten

| | | | | | |
|-----------------------------------|---------|-----------------------|--------|-----------|-----------|
| Nederlandse records vinzwemmen DV | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen DM | 4:40.61 | Nicole Voet | PONTOS | Amsterdam | 4-2-2018 |
| Nederlandse records vinzwemmen DA | 4:24.10 | Ela Hutten | DRB | Eindhoven | 23-6-2019 |
| Nederlandse records vinzwemmen DB | 4:34.07 | Marit Steeg | PONTOS | Utrecht | 17-2-2019 |
| Nederlandse records vinzwemmen DC | 4:45.31 | Jade Arts | PONTOS | Amsterdam | 4-2-2018 |
| Nederlandse records vinzwemmen DD | 4:54.87 | Xafiera van der Hulst | MVZZ | Utrecht | 4-10-2020 |
| Nederlandse records vinzwemmen DE | 5:37.70 | Xafiera van der Hulst | MVZZ | Amsterdam | 4-2-2018 |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt | | |
|----------------------------|--------------------------|---------------------|---------------------|---------------------|----------------|------|
| Meisjes Categorie D | | | | | | |
| 1. | Pien Loeffen | 10 | PONTOS | NT | 5:50.68 | 594 |
| | 50m: 39.84 39.84 | 150m: 2:08.42 44.24 | 250m: 3:39.20 45.37 | 350m: 5:09.51 44.54 | | |
| | 100m: 1:24.18 44.34 | 200m: 2:53.83 45.41 | 300m: 4:24.97 45.77 | 400m: 5:50.68 41.17 | | |
| Meisjes Categorie C | | | | | | |
| 1. | Xafiera van der Hulst | 07 | MonoVinz | 4:54.87 | 4:44.28 | 1010 |
| | <i>Nederlands record</i> | | | | | |
| | 50m: 31.52 31.52 | 150m: 1:43.23 36.93 | 250m: 2:57.16 37.37 | 350m: 4:11.03 36.46 | | |
| | 100m: 1:06.30 34.78 | 200m: 2:19.79 36.56 | 300m: 3:34.57 37.41 | 400m: 4:44.28 33.25 | | |
| Meisjes Categorie B | | | | | | |
| 1. | Nell Dewael | 06 | Nautilus | 4:32.70 | 4:33.83 | 1002 |
| | 50m: 31.00 31.00 | 150m: 1:39.60 34.84 | 250m: 2:50.00 35.56 | 350m: 3:59.91 34.90 | | |
| | 100m: 1:04.76 33.76 | 200m: 2:14.44 34.84 | 300m: 3:25.01 35.01 | 400m: 4:33.83 33.92 | | |

Programmanr. 16, Dames, 400m bifins

Dames Categorie A

| | | | | | |
|----------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Nerena van Vuuren | 02 | OSV Delphis | NT | 5:04.73 | 650 |
| 50m: 34.15 34.15 | 150m: 1:52.79 40.34 | 250m: 3:11.91 38.91 | 350m: 4:29.20 38.28 | | |
| 100m: 1:12.45 38.30 | 200m: 2:33.00 40.21 | 300m: 3:50.92 39.01 | 400m: 5:04.73 35.53 | | |
| 2. Rianne Smit | 97 | Orka '97 | 5:16.19 | 5:27.66 | 523 |
| 50m: 35.21 35.21 | 150m: 1:55.84 41.53 | 250m: 3:20.94 42.70 | 350m: 4:46.83 42.86 | | |
| 100m: 1:14.31 39.10 | 200m: 2:38.24 42.40 | 300m: 4:03.97 43.03 | 400m: 5:27.66 40.83 | | |

Dames Categorie Masters

| | | | | | |
|--------------------------|---------------------|---------------------|---------------------|----------------|-----|
| 1. Marian van den Beukel | 86 | OSV Delphis | 5:11.10 | 5:05.30 | 776 |
| 50m: 33.75 33.75 | 150m: 1:50.53 39.34 | 250m: 3:09.71 39.50 | 350m: 4:28.21 39.00 | | |
| 100m: 1:11.19 37.44 | 200m: 2:30.21 39.68 | 300m: 3:49.21 39.50 | 400m: 5:05.30 37.09 | | |

Programmanr. 17

Heren, 400m bifins

1 - 98 jaar

15-5-2022

Resultaten

| | | | | | |
|-----------------------------------|---------|-------------------|------------|---------------|-----------|
| Nederlandse records vinzwemmen HV | 4:47.97 | Erik de Jong | VZ UTRECHT | Utrecht | 17-2-2019 |
| Nederlandse records vinzwemmen HM | 4:19.00 | Allard Wagenveld | PONTOS | Amsterdam | 4-2-2018 |
| Nederlandse records vinzwemmen HA | 3:48.89 | Wouter van Diepen | PONTOS | Leipzig (GER) | 23-4-2022 |
| Nederlandse records vinzwemmen HB | 3:57.75 | Wouter van Diepen | PONTOS | Amsterdam | 17-2-2019 |
| Nederlandse records vinzwemmen HC | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen HD | | NOG GEEN RECORD | | | |
| Nederlandse records vinzwemmen HE | | NOG GEEN RECORD | | | |

Punten: Vinpunten

| Rang | Geb. | Inschrijftijd | Tijd | Pnt |
|----------------------------------|---------------------|-----------------------|---------------------|---------------------|
| Jongens Categorie C | | | | |
| 1. Sasha Zimer | 08 | Nautilus | 4:49.69 | 4:42.72 9557 |
| 50m: 30.47 30.47 | 150m: 1:42.60 36.74 | 250m: 2:56.82 36.41 | 350m: 4:09.81 35.91 | |
| 100m: 1:05.86 35.39 | 200m: 2:20.41 37.81 | 300m: 3:33.90 37.08 | 400m: 4:42.72 32.91 | |
| Jongens Categorie B | | | | |
| 1. Loris Rosolen | 05 | Nautilus | 4:02.58 | 4:10.72 852 |
| 50m: 28.30 28.30 | 150m: 1:32.81 33.19 | 250m: 2:38.09 32.49 | 350m: 3:41.73 31.68 | |
| 100m: 59.62 31.32 | 200m: 2:05.60 32.79 | 300m: 3:10.05 31.96 | 400m: 4:10.72 28.99 | |
| 2. Sofiane Abidi | 06 | Plongée Club de Douai | 4:38.17 | 4:50.61 547 |
| 50m: 30.41 30.41 | 150m: 1:44.19 37.36 | 250m: 3:01.35 38.43 | 350m: 4:16.32 37.53 | |
| 100m: 1:06.83 36.42 | 200m: 2:22.92 38.73 | 300m: 3:38.79 37.44 | 400m: 4:50.61 34.29 | |
| Heren Categorie A | | | | |
| 1. Brivaël Formann | 04 | Nautilus | 3:55.89 | 4:04.63 825 |
| 50m: 26.38 26.38 | 150m: 1:27.80 31.62 | 250m: 2:31.89 32.16 | 350m: 3:35.42 31.06 | |
| 100m: 56.18 29.80 | 200m: 1:59.73 31.93 | 300m: 3:04.36 32.47 | 400m: 4:04.63 29.21 | |
| 2. Roelant Cornelissen | 91 | Orka '97 | 4:55.61 | 4:58.78 452 |
| 50m: 34.83 34.83 | 150m: 1:52.28 39.47 | 250m: 3:10.93 39.38 | 350m: 4:26.53 37.67 | |
| 100m: 1:12.81 37.98 | 200m: 2:31.55 39.27 | 300m: 3:48.86 37.93 | 400m: 4:58.78 32.25 | |
| Heren Categorie Veteranen | | | | |
| 1. Erik de Jong | 69 | VZ Utrecht | 4:47.97 | 4:58.07 901 |
| 50m: 33.80 33.80 | 150m: 1:47.73 37.65 | 250m: 3:05.12 38.63 | 350m: 4:22.05 37.87 | |
| 100m: 1:10.08 36.28 | 200m: 2:26.49 38.76 | 300m: 3:44.18 39.06 | 400m: 4:58.07 36.02 | |

| | | |
|------------------------------|---------------------|---------------------------|
| Programmanr. 18 15-5-2022 | 4 x 100m met vinnen | 1 - 98 jaar Resultaten |
|------------------------------|---------------------|---------------------------|

| | | | | | |
|-------------------------------------|-------------------------|--------|-------------------|--|------------|
| Nederlandse records vinzwemmen HV | NOG GEEN RECORD | | | | |
| Nederlandse records vinzwemmen HM | 3:48.01 NOB | NOB | Eindhoven | | 20-6-2010 |
| Nederlandse records vinzwemmen HA | 2:44.81 NOB | NOB | Dongguan (CHN) | | 30-10-1994 |
| Nederlandse records vinzwemmen HB | 3:07.38 NOB | NOB | Straatsburg (FRA) | | 8-8-1999 |
| Nederlandse records vinzwemmen HC | 3:41.39 OWT Pontos | PONTOS | Eindhoven | | 21-6-2015 |
| Nederlandse records vinzwemmen HD | 4:22.10 Nautilus Veghel | NAUV | Eindhoven | | 20-6-1993 |
| Nederlandse records vinzwemmen HE | 5:34.36 OWT Pontos | PONTOS | Eindhoven | | 26-6-2011 |
| Nederlandse records vinzwemmen DV | NOG GEEN RECORD | | | | |
| Nederlandse records vinzwemmen DM | 4:59.15 NOB | NOB | Eindhoven | | 24-6-2012 |
| Nederlandse records vinzwemmen DA | 3:08.78 NOB | NOB | Athene (GRE) | | 15-7-1999 |
| Nederlandse records vinzwemmen DB | 3:12.92 NOB | NOB | Moskou (RUS) | | 30-7-2006 |
| Nederlandse records vinzwemmen DC | 3:35.91 UZSC Utrecht | UZSC | Utrecht | | 12-12-2004 |
| Nederlandse records vinzwemmen DD | 3:52.21 UZSC Utrecht | UZSC | Utrecht | | 7-12-2003 |
| Nederlandse records vinzwemmen DE | 4:50.13 Nautilus Veghel | NAUV | Amersfoort | | 10-11-1990 |
| Nederlandse records vinzwemmen alg. | MIX NOG GEEN RECORDS | | | | |

Punten: Vinpunten

| | | | |
|------|---------------|------|-----|
| Rang | Inschrijftijd | Tijd | Pnt |
|------|---------------|------|-----|

Meisjes Categorie E, Meisjes

DIS VZ Utrecht VZ Utrecht NT

A6 - Niet de aangegeven afstand gezwommen (geen tijd noteren)

Aizza Bommel, Lucie Gout, Zoë Bommel, Saphine Chaitram

Meisjes Categorie D, Meisjes

| | | | | | |
|-------------------|---------------------|-----------------|-------|-------|---------|
| 1. PONTOS | PONTOS | NT | | | |
| Fileine van Kuijk | +1,07 29.89 1:01.53 | Carlijn Janssen | +0,76 | 33.85 | 1:12.04 |
| Sanne Fuchten | +0,58 35.53 1:15.97 | Pien Loeffen | +0,48 | 32.52 | 1:10.54 |

Dames Categorie A, Dames

| | | | | | |
|-----------------------|---------------------|-----------------------|-------|----------------|---------|
| 1. BELGIUM DA | Belgium | NT | | | |
| Méline Bonhomme | +0,98 23.83 51.01 | Janice Bonhomme | +0,62 | 28.25 | 59.68 |
| Nell Dewael | +0,52 25.66 52.85 | Lilia Abidi | +0,86 | 29.40 | 1:02.52 |
| 2. VZU DA | VZ Utrecht | NT | | 4:16.55 | |
| Anyk Joosten | +1,02 29.40 1:00.94 | Floor Boon | +0,64 | 27.81 | 58.44 |
| Bodijne Chaitram | +0,94 37.59 1:24.59 | Hélène Bouwmeester | +0,36 | 24.62 | 52.58 |
| 3. Orka en Delphis DA | NOB | NT | | 4:23.19 | |
| Eva Moolenkamp | +1,05 33.66 1:12.60 | Rianne Smit | +0,08 | 31.07 | 1:06.02 |
| Nerena van Vuuren | +0,97 30.79 1:04.02 | Marian van den Beukel | +0,17 | 27.92 | 1:00.55 |
| 4. AQNIV DA | Aquani-Nivelles | NT | | 4:26.20 | |
| Marine Harze | +0,89 26.08 55.07 | Louise Henry | +0,03 | 31.63 | 1:12.43 |
| Aloise Glorieux | 29.29 1:01.33 | Sara Godart | | 34.57 | 1:17.37 |

Heren Categorie A, Heren

| | | | | | |
|-------------------|-------------------|---------------------|-------|-------|-------|
| 1. Orka en Luc HA | NOB | NT | | | |
| Luc Ambrosius | +1,16 25.26 54.57 | Roelant Cornelissen | +0,43 | 26.62 | 54.14 |
| Rens Reichard | +0,61 26.74 57.66 | Peter Blanker | +0,70 | 28.29 | 59.89 |